

Situations 2

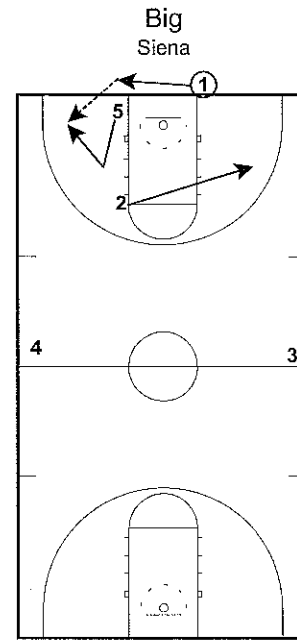
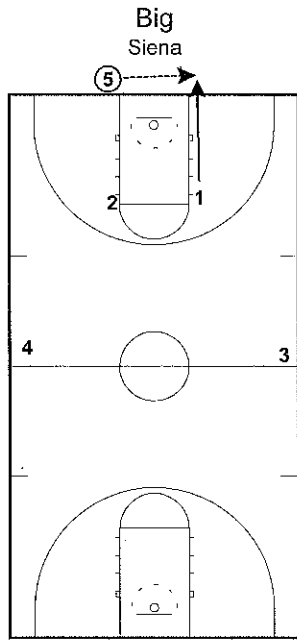
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Pressure FOB

Great for
5 that can
shoot FT's

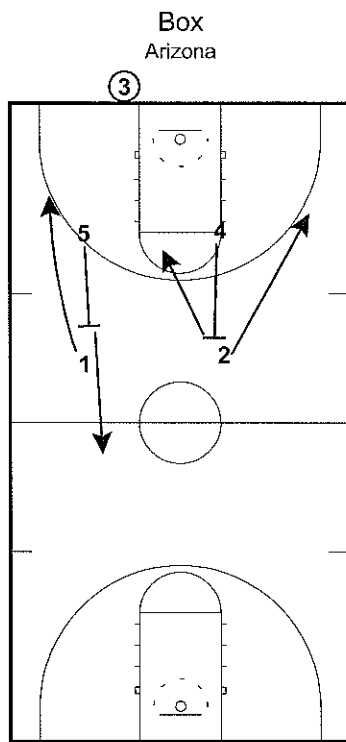
Big Pressure FOB



Can be run for any good free throw shooter, but in diagram I show it for a great FT-shooting big man. 1 steps out of bounds and 5 throws it to him.

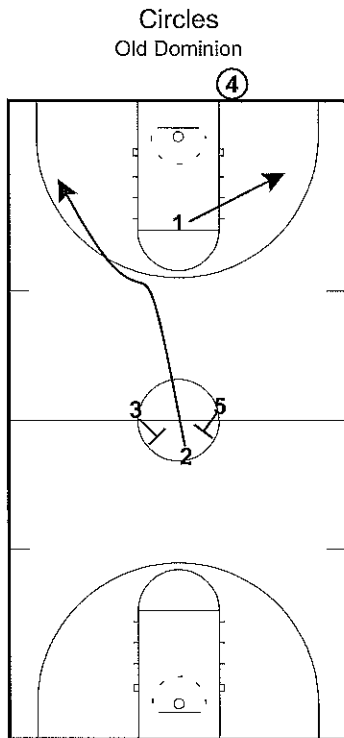
After passing, 5 runs onto the court. 1 runs the baseline towards him. 5 stops on a dime and turns back for a catch. The movement of the passer running at the receiver is similar to a football play run on the goal line.

Box Pressure FOB



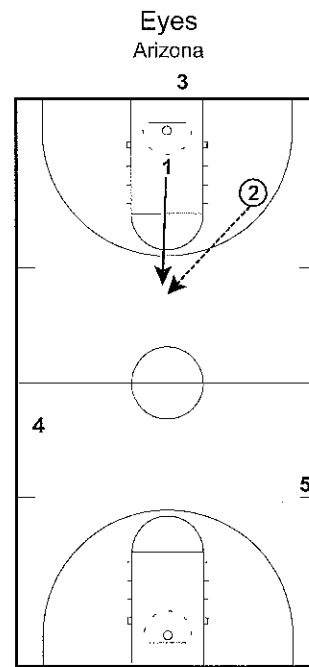
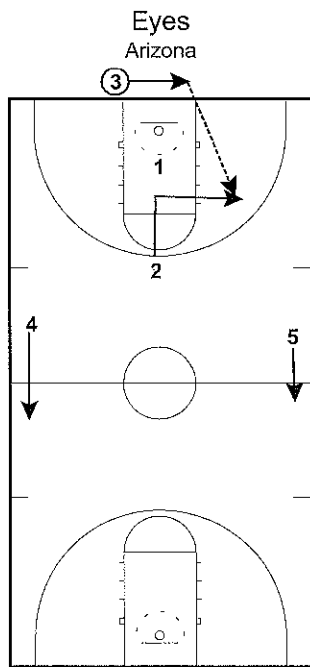
Circles

Pressure FOB



Eyes

Pressure FOB

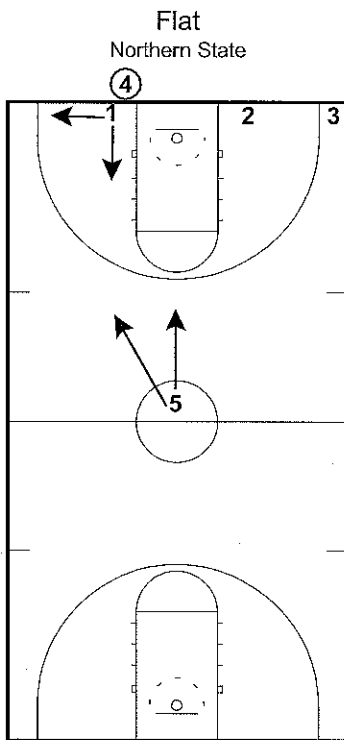


2 lines up directly behind 1. On 1's ball slap, 2 runs at 1 before making a sharp L-cut away from 3. 3 runs the baseline to throw a BOUNCE pass to 2.

Flat

Pressure FOB

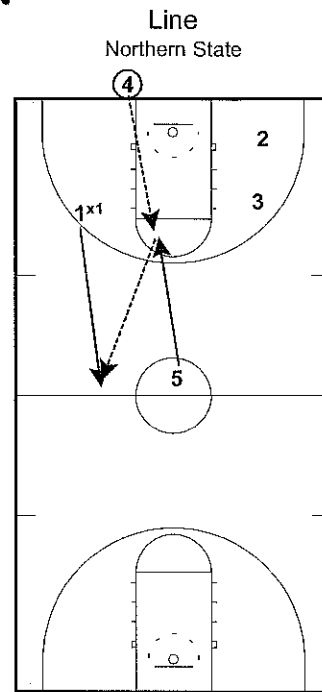
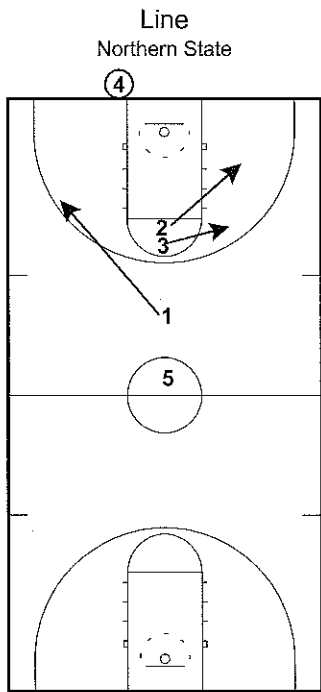
vs. M2M pressure



← ask yourself, "How would I guard this?"

Line Pressure FOB

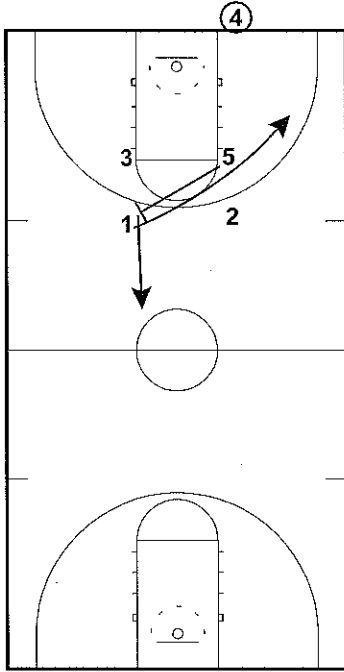
If denied:



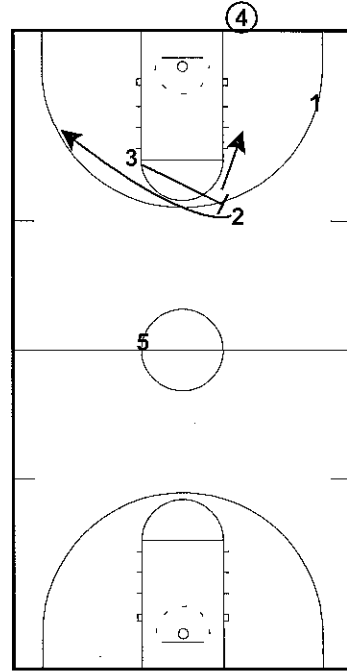
2 goes first, 3 goes second, 1 (best FT shooter) goes opposite of the first two. If denied

Lumberjack Pressure FOB

Lumberjack
Old Dominion



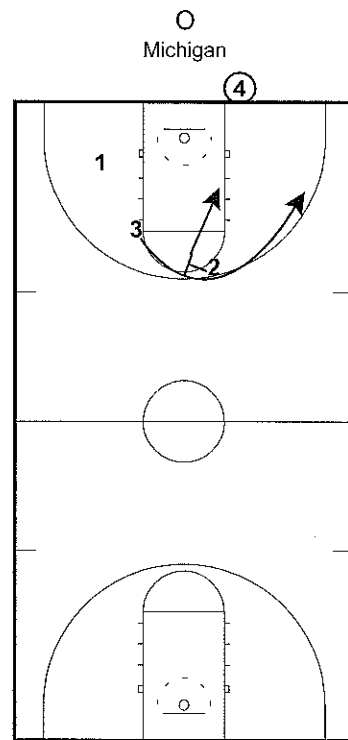
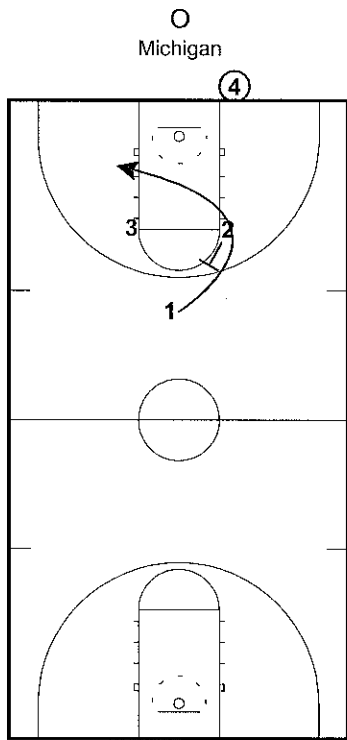
Lumberjack
Old Dominion



← 3 rolls
back

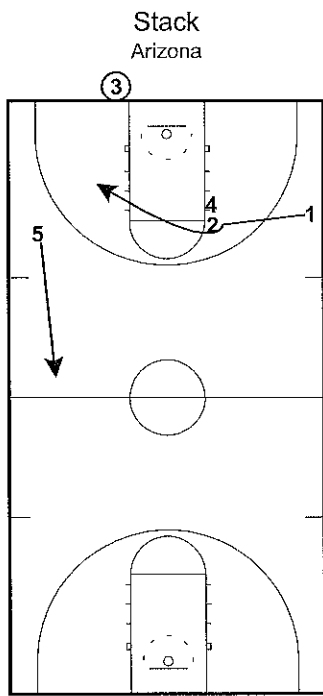
O

Pressure FOB

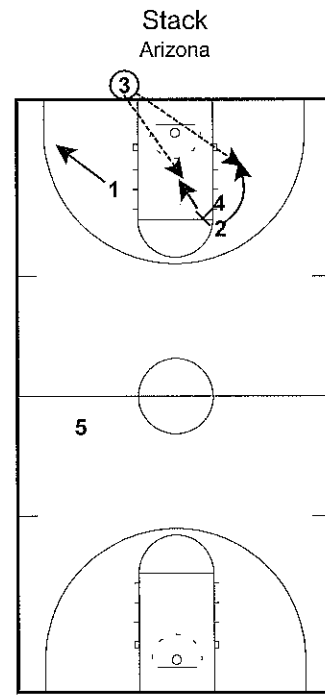


Stack

Pressure FOB

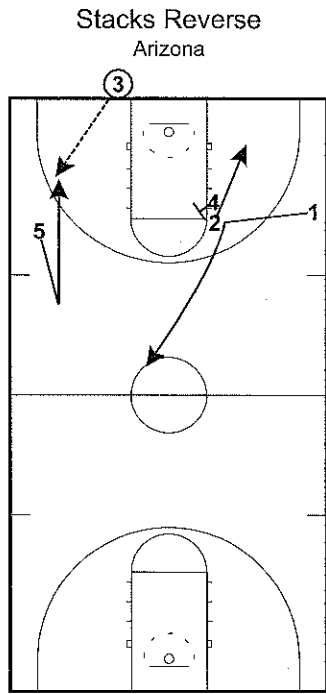


1 curls around 2's stack.



As soon as 1 breaks the stack, 4 screens in for 2. 4 opens his chest to the ball after screening.

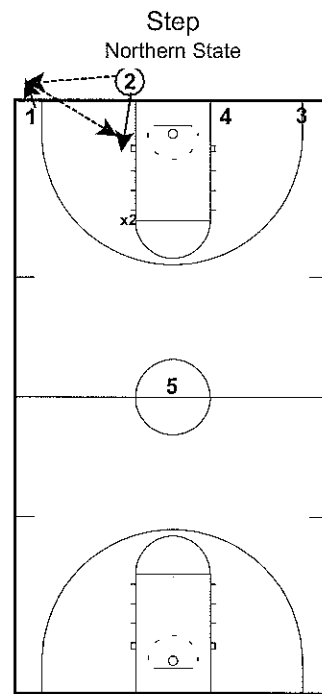
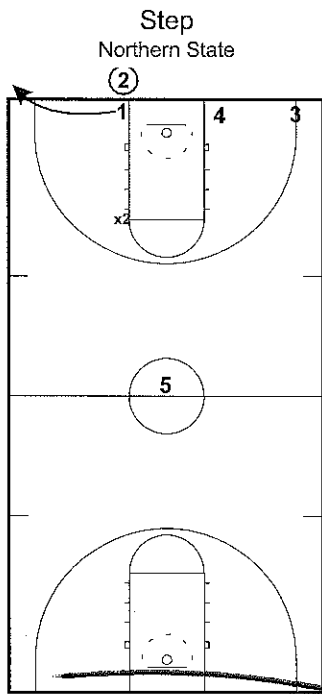
Stacks Reverse Pressure FOB



← For 5 men that can shoot FTs

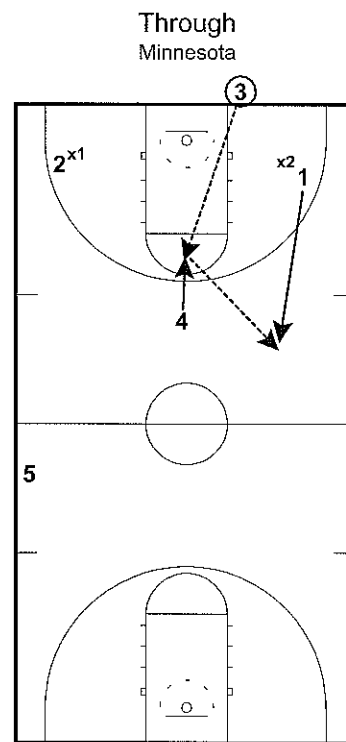
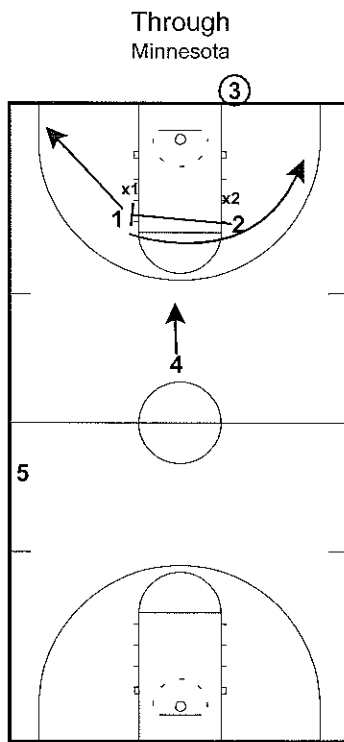
5 runs 2 strides up court before sprinting back for the ball. 1 cuts long.

Step Pressure FOB



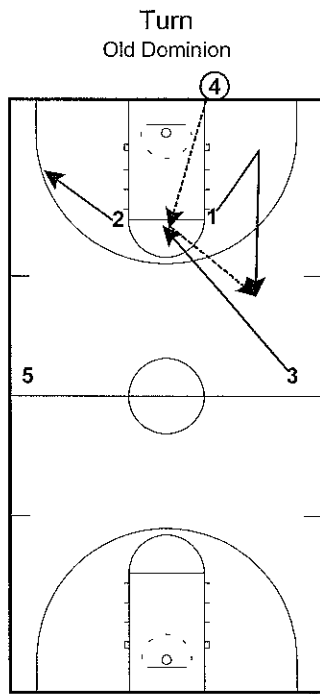
95% of the time in this alignment with 1 being situated right in front of the ball, x2 will line up at the elbow.

Through Pressure FOB



US faceguard

Turn Pressure FOB

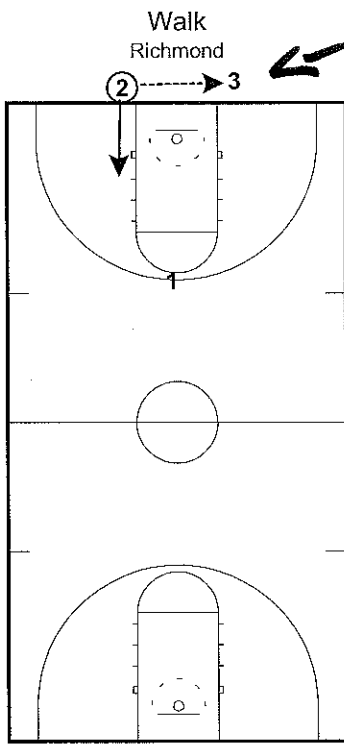


vs faceguard

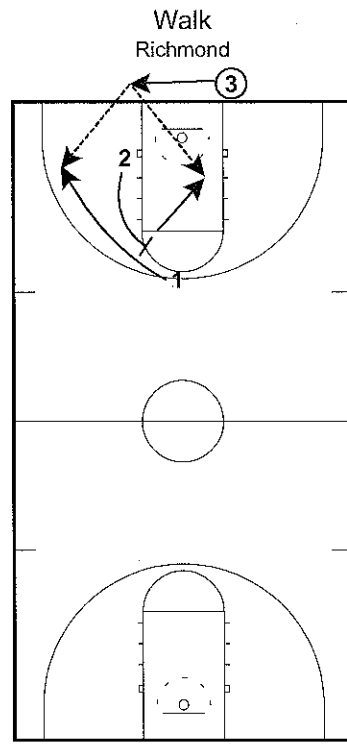
1 cuts to baseline as a decoy. 3 sprints in for a catch. On airtime, 1 is breaking, 3 catches and throws it to 1.

Walk

Pressure FOB

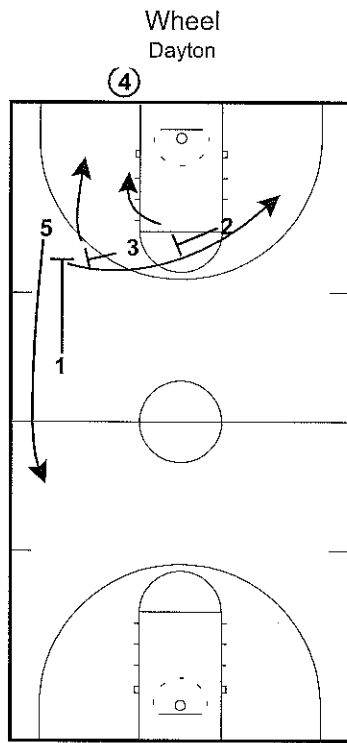


Start w/ 2
out of
bounds.
2 passes
to 3



2 slips
w/ screen

Wheel Pressure FOB

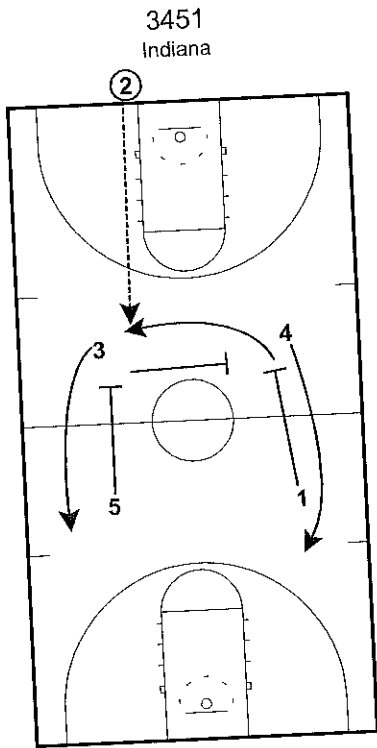


1 back screens 5, comes
off double. 3 3 2
roll back

FOB to Score

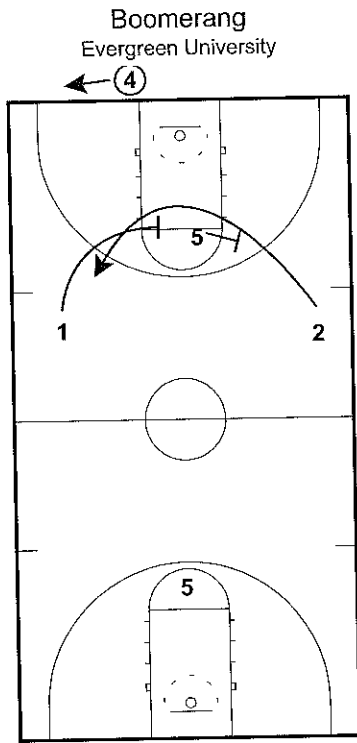
3451

FOB to Score

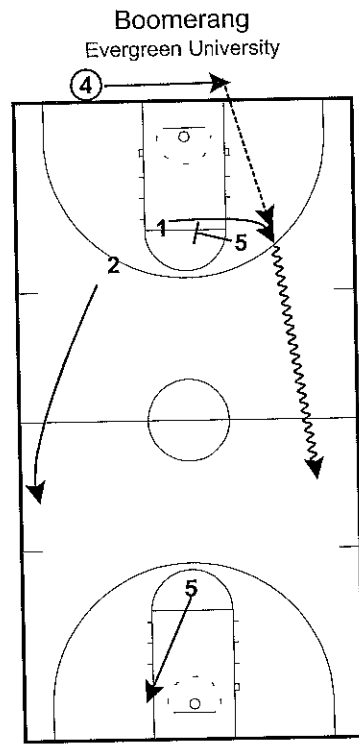


1 B S back screen.
S screens for 1.
1 tries to catch
on the run.

Boomerang FOB to Score



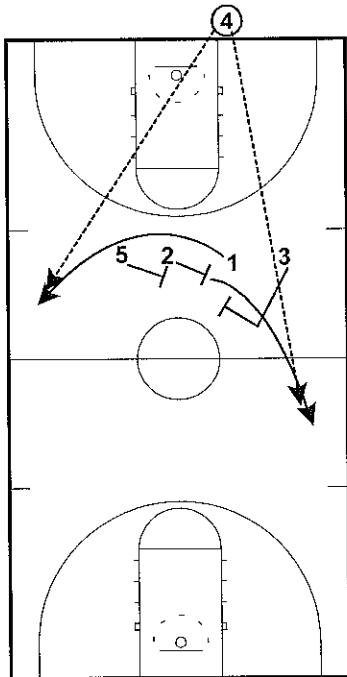
↑
double for 2.



↑
Screen 1 out
the back

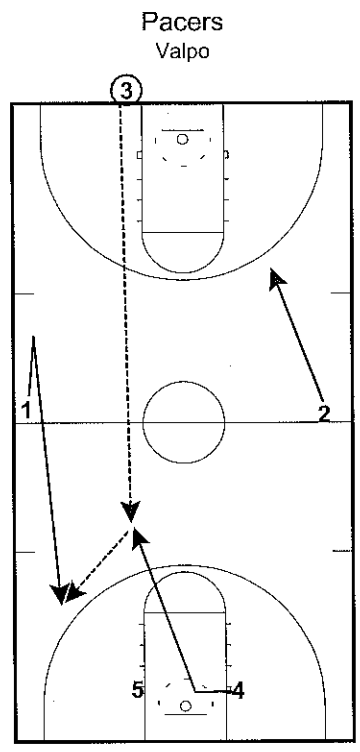
Triple Curve FOB to Score

Triple Curve
Vanderbilt



1 comes off double,
2 comes out
the back

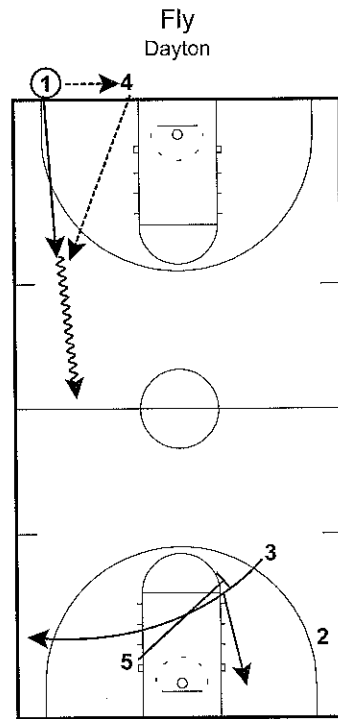
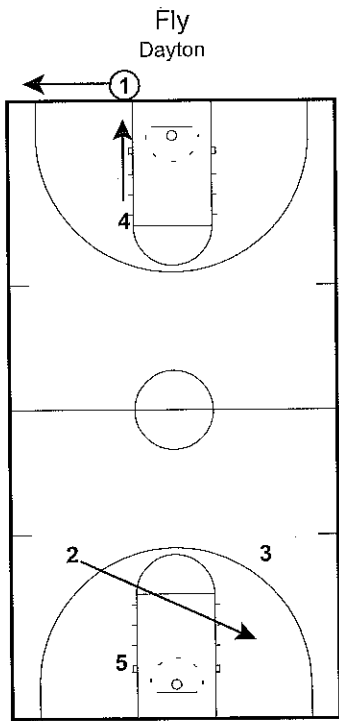
Pacers FOB to Score



← Bryce Drew play

Fly

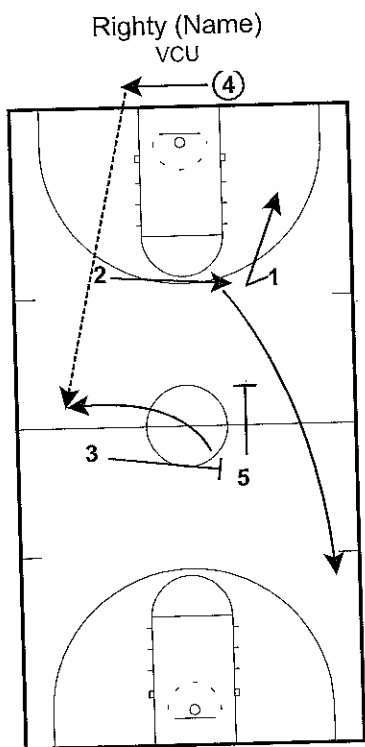
FOB to Score



1 runs the baseline to the near corner

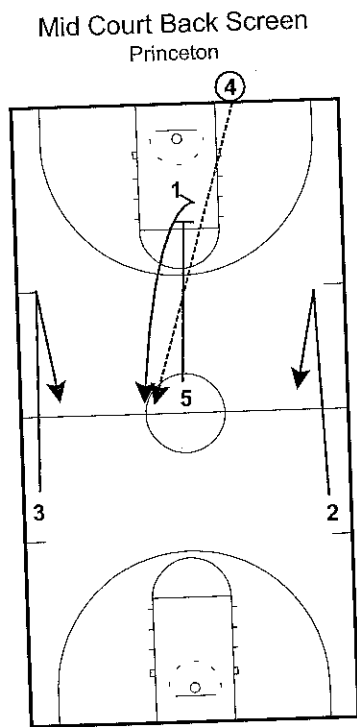
Righty (Name)

FOB to Score



Mid Court Back Screen

FOB to Score



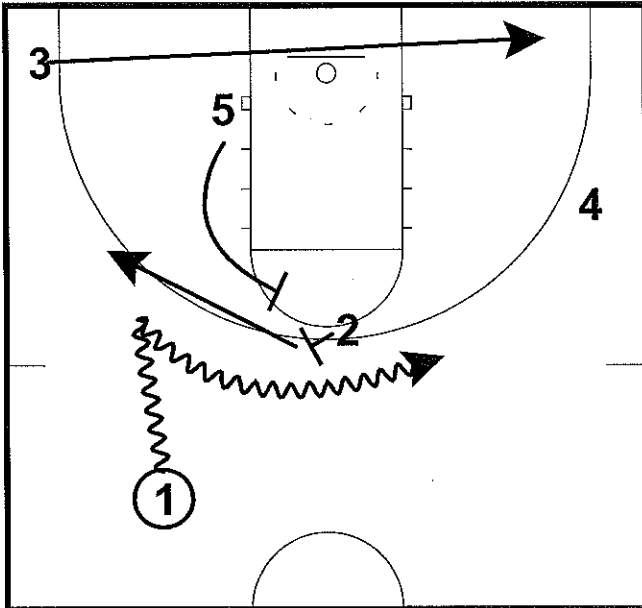
1 steps as if to come to the ball, 5 sprints up to set a back screen.

Late- No TOs/Need to go

Flare 12

Late- No TOs/Need to go

Flare 12
Houston Rockets

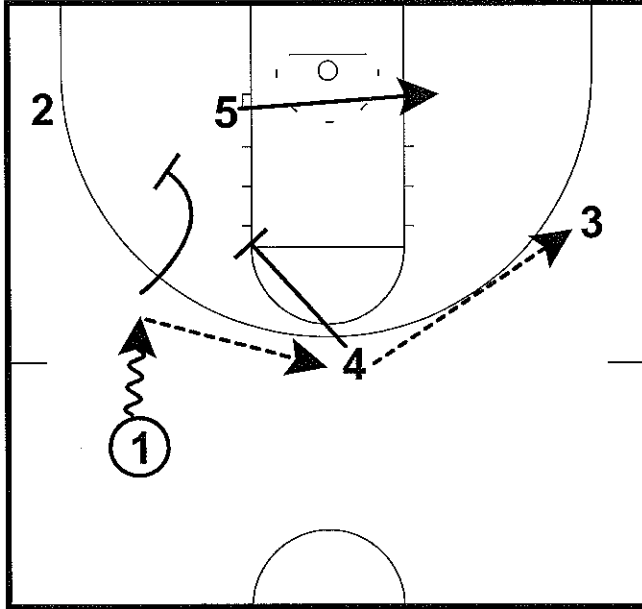


2 sets a small/small ball screen for 1. 5 flares him out the back.

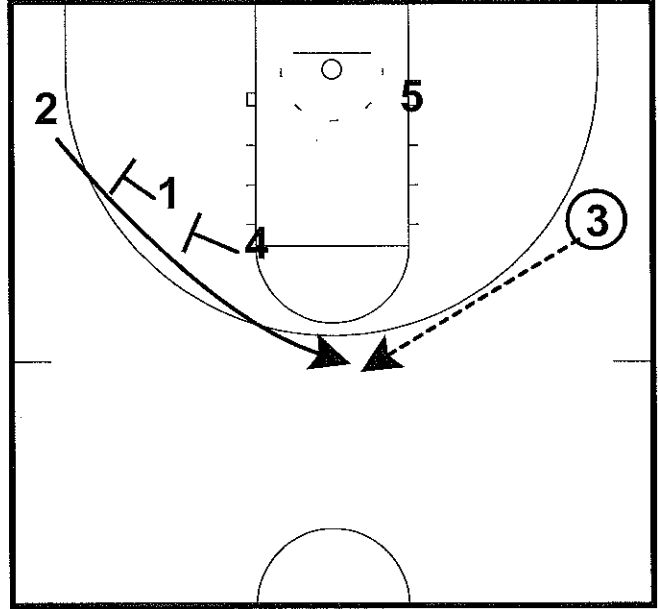
Stagger

Late- No TOs/Need to go

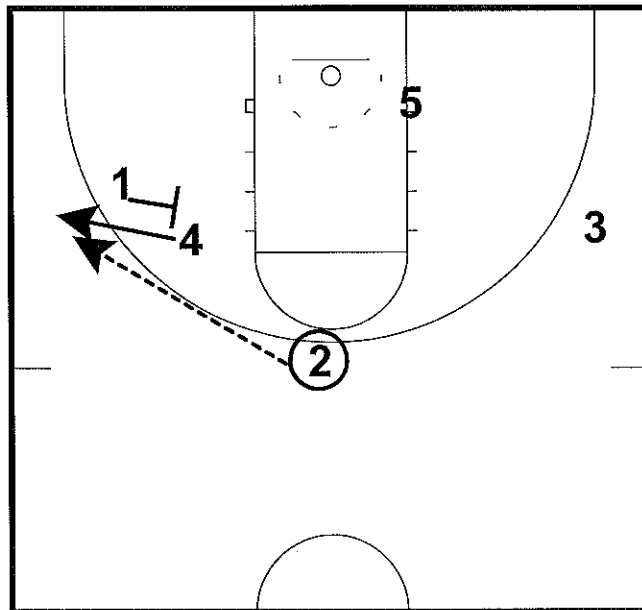
Stagger
TCU



Stagger
TCU

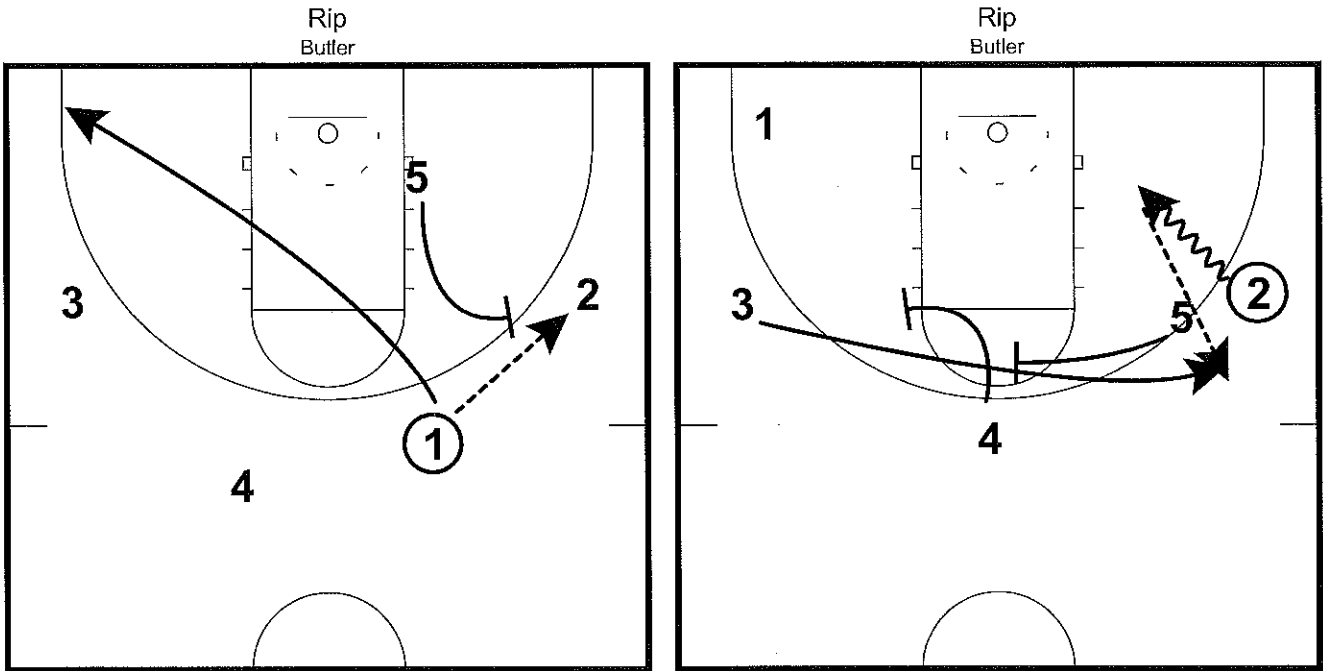


Stagger
TCU



Rip

Late- No TOs/Need to go



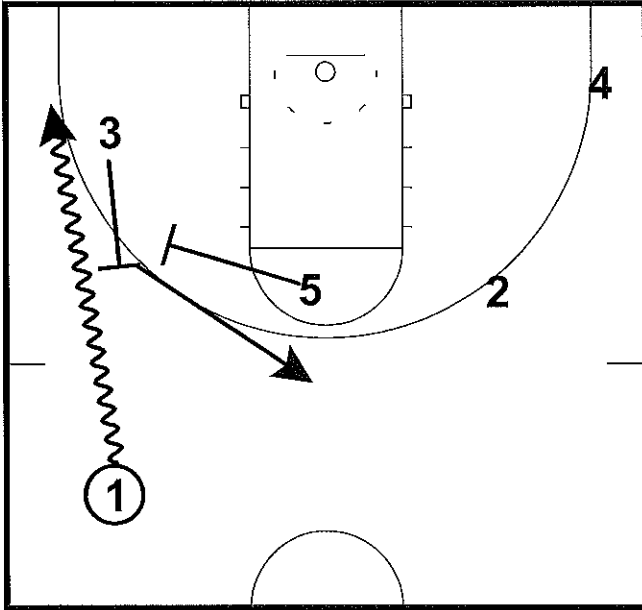
1 passes to 2 and cuts through.

↑
2 rejects BS, 4 3 5
go get 3.

Flare 13 Side

Late- No TOs/Need to go

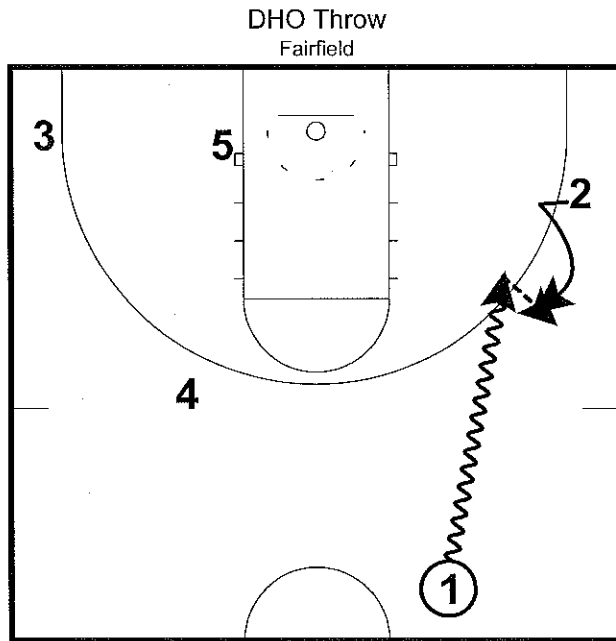
Flare 13 Side
Houston Rockets



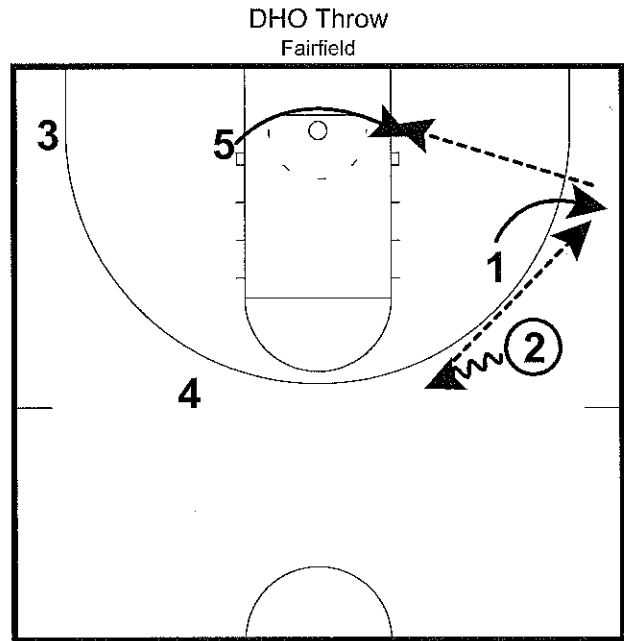
3 sets a step-up ball screen, 5 flares him out the back.

DHO Throw

Late- No TOs/Need to go



1 dribbles at 2 for a handoff.



2 comes off the HO and takes 1 dribble. Late in games: defense pays too much attention to the ball. The throwback is available. 2 throws back to 1 for a shot. (On the throwback, a DDM rule: 5 will come across the lane underneath his defender looking for a catch).

↑

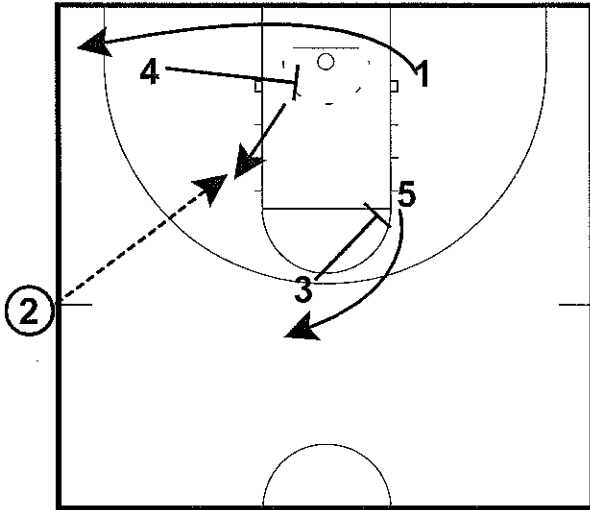
late in game, D pays too much attention to ball. The throwback off the D+K might result in an open look. On curtime, if pass from 2 to 1, 5 cuts under X's.

SLOB to Score

Hook

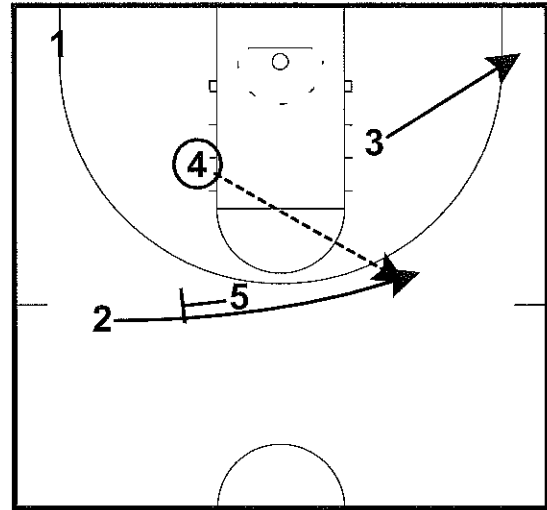
SLOB to Score

Hook
Chicago Bulls



3 down screens for 5. 1 runs off 4, 4 flashes back to the ball for a catch.

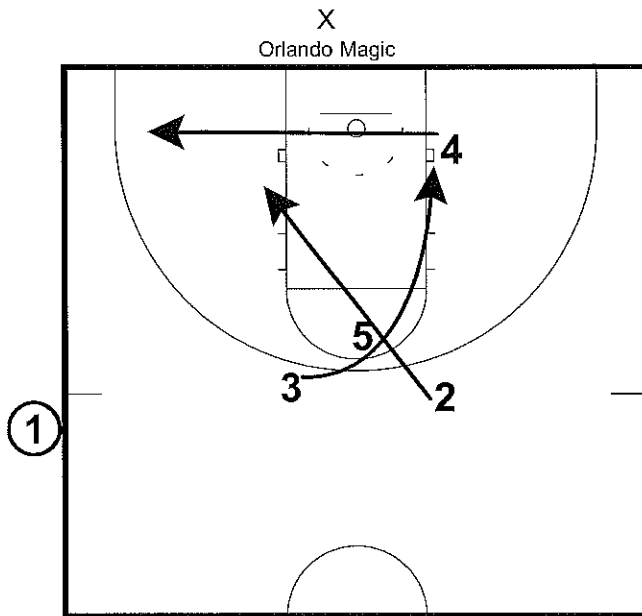
Hook
Chicago Bulls



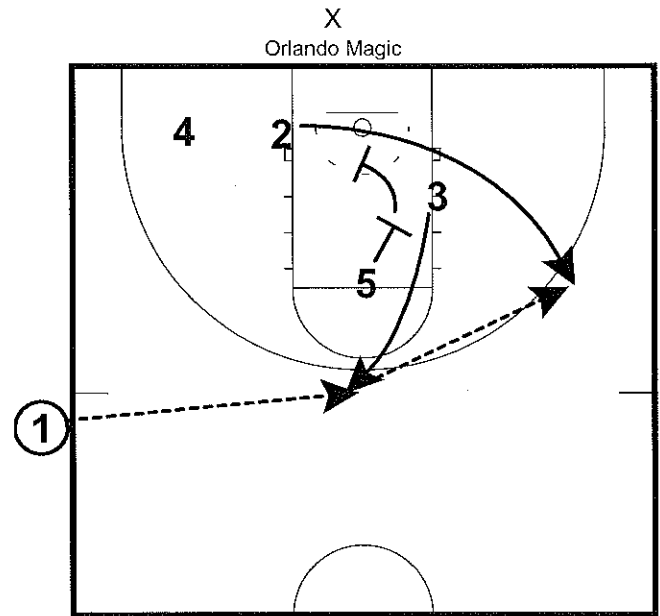
5 flares for 2, 4 throws over the top to 2 for a shot.

X

SLOB to Score



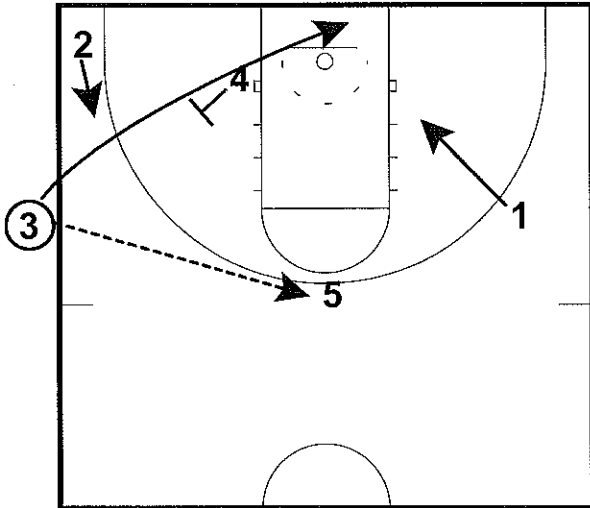
3 cuts over the top of 5, 2 goes next.



5 turns to re-screen for 3. 5 then turns to screen for 2.

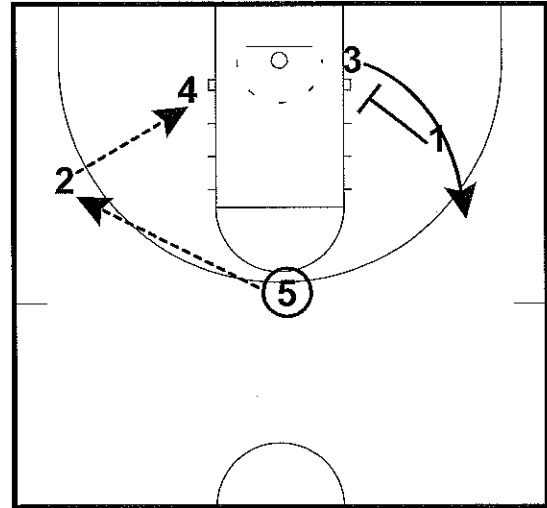
Post Top SLOB to Score

Post Top
Boston Celtics



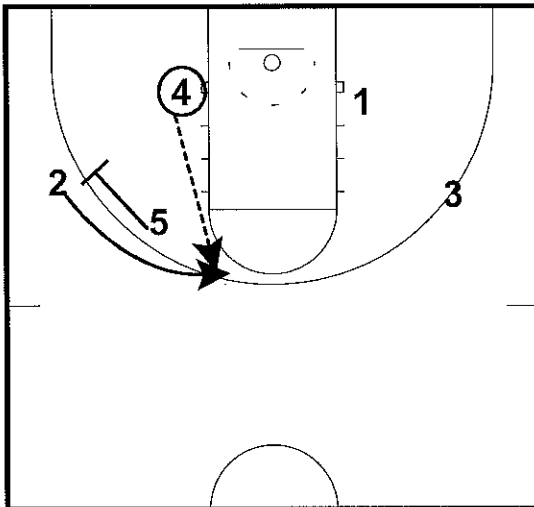
3 passes to 5 at TOK (pressure release) and slice cuts off 4's post-up

Post Top
Boston Celtics



5 passes to 2 who feeds it to 4.

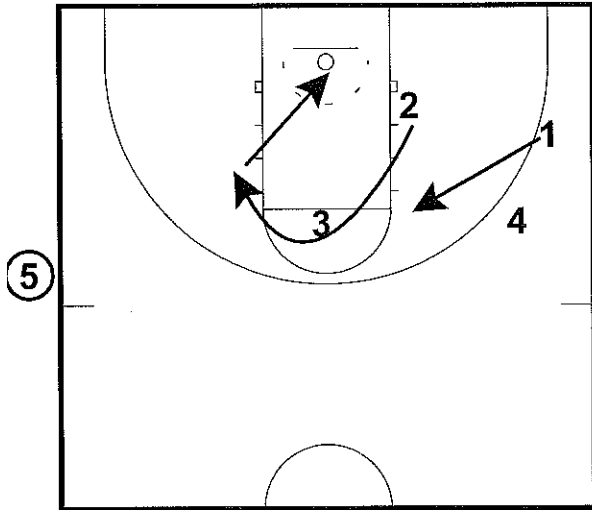
Post Top
Boston Celtics



5 flares the post-feeder. 4 throws it over the top to 2 for an open 3-pointer.

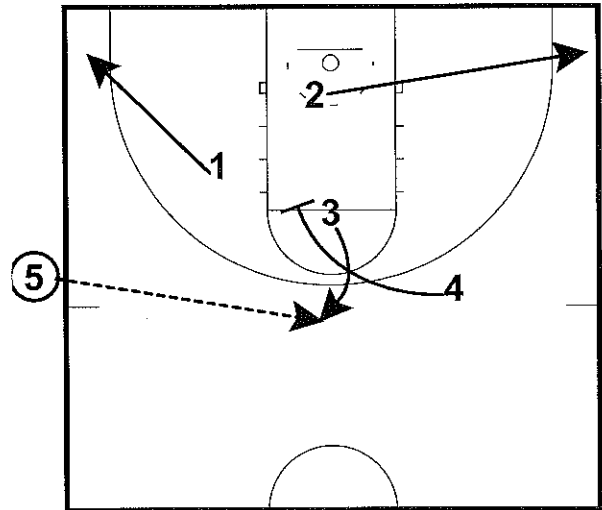
Wraps Under SLOB to Score

Wraps Under
Golden State Warriors



2 curls around 3 and empties away. 1 runs off 3 to the ball side corner.

Wraps Under
Golden State Warriors

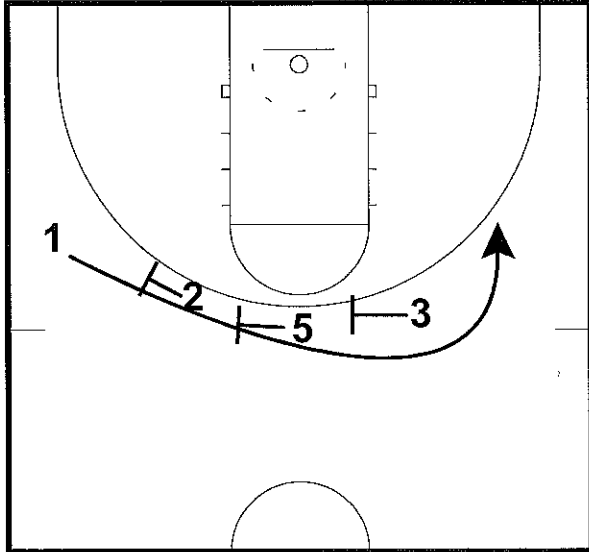


4 comes over the top of 3 to screen. 3 steps up for a catch-and-shoot.

Stagger Circle

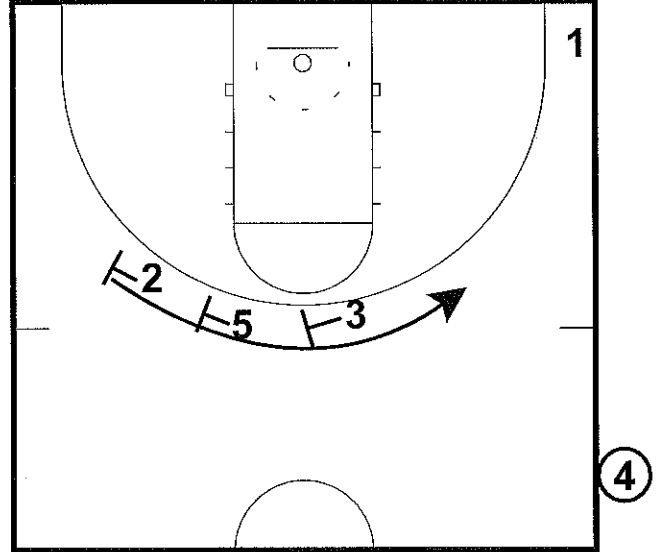
SLOB to Score

Stagger Circle
Vanderbilt



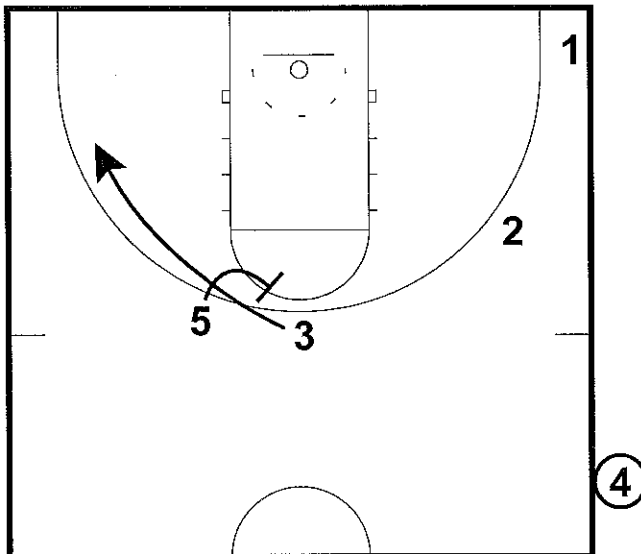
1 runs off the triple stagger. If he doesn't get it, he clears to corner or basket.

Stagger Circle
Vanderbilt



After setting the first screen of the triple stagger, 2 turns to come off the double.

Stagger Circle
Vanderbilt

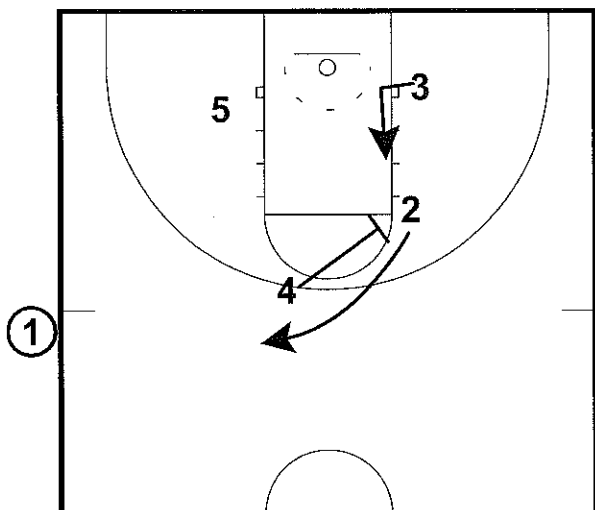


5 turns to flare screen 3.

Plus 1

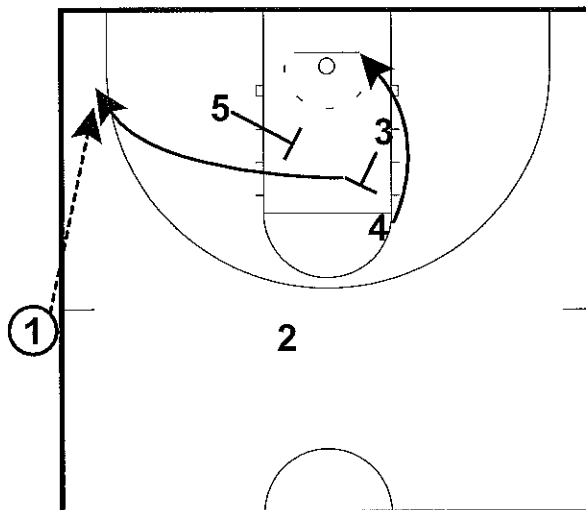
SLOB to Score

Plus 1
Minnesota Timberwolves



4 down screens for 2.

Plus 1
Minnesota Timberwolves

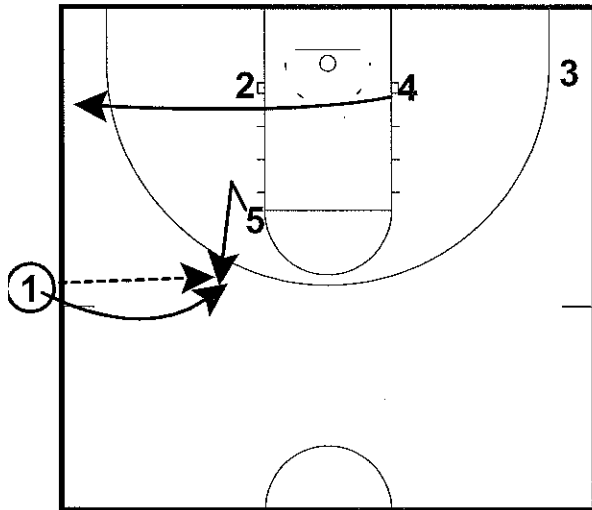


3 back screens 4 for a lob. 5 screens in for 3 to come off for a shot.

↑
3 turns to his
right shoulder

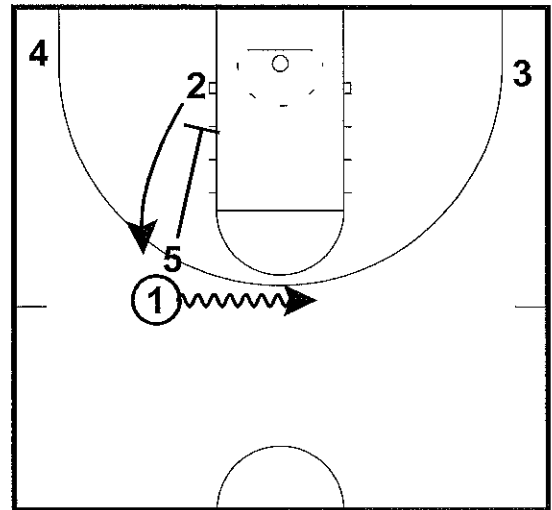
Over SLOB to Score

Over
Indiana Pacers



5 pops for a catch. 1 follows his pass for a handoff.

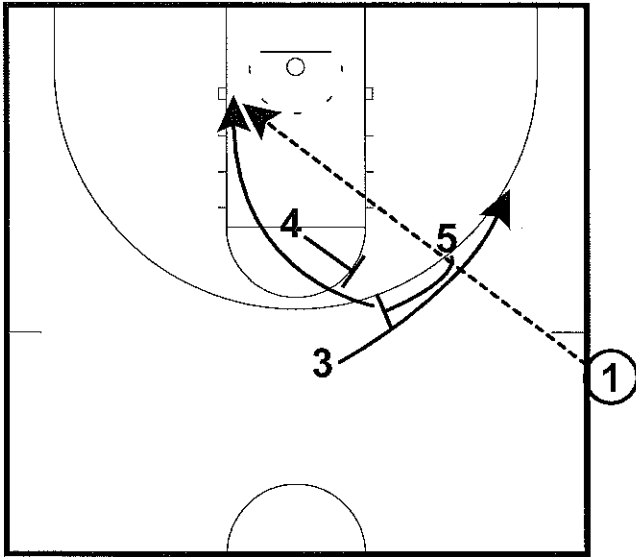
Over
Indiana Pacers



After 5 hands off to 1, he goes to down screen for 2.

Over SLOB to Score

Over
Michigan

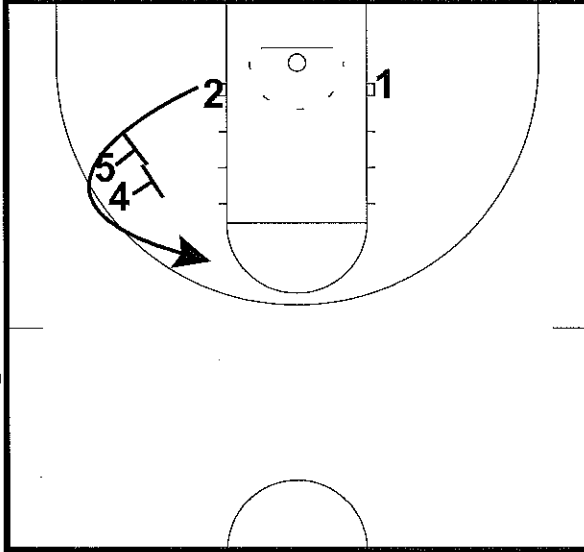


5 screens for 3,
4 back screens
for 5.

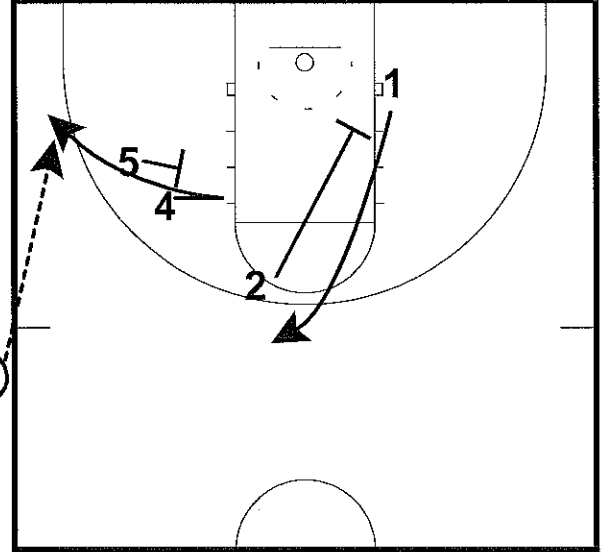
Hornets

SLOB to Score

Hornets
Valpo



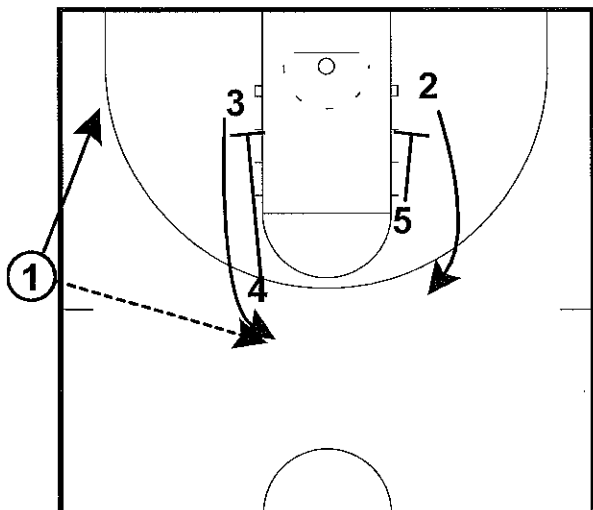
Hornets
Valpo



BS Flare Side

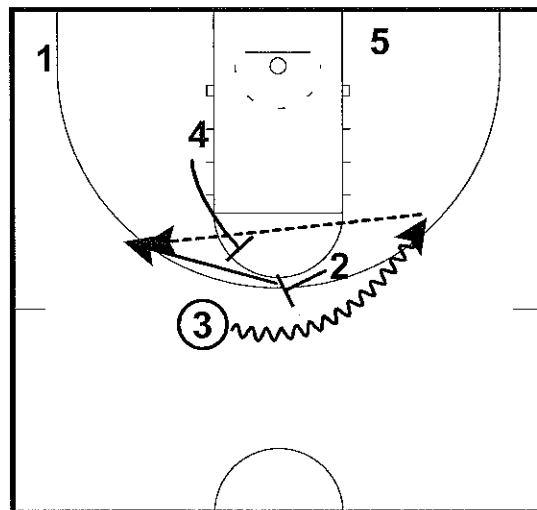
SLOB to Score

BS Flare Side
Boston Celtics



3 zipper cuts off 4's screen. 5 down screens for 2.

BS Flare Side
Boston Celtics

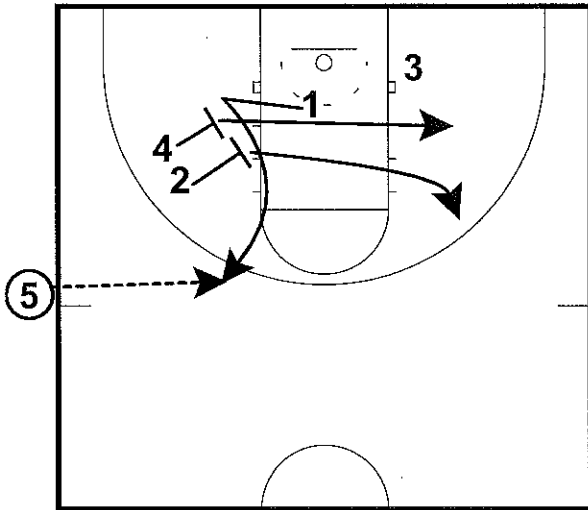


Small/small ball screen between 2 and 3. 4 flares 2 out the back of the ball screen.

21

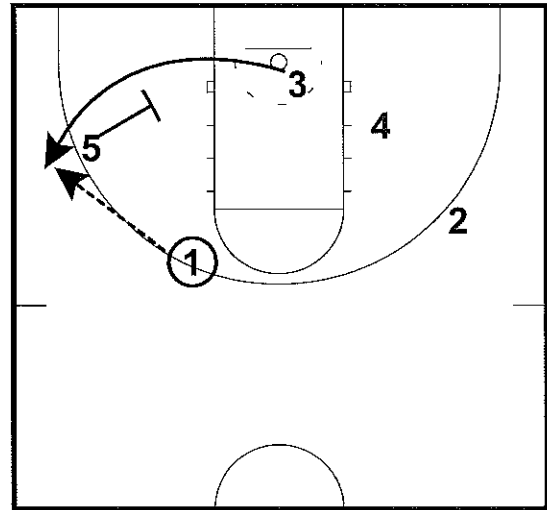
SLOB to Score

21
Denver Nuggets



4 and 2 set a double screen for 1. 5 passes to 1. 4 and 2 break away to the weakside after screening.

21
Denver Nuggets

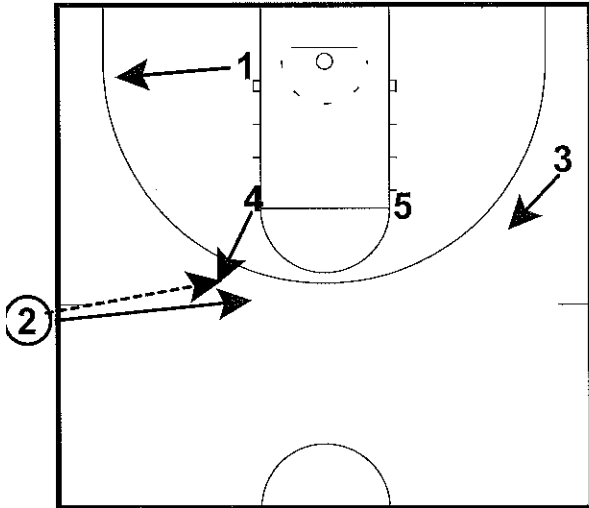


5 sets a down screen for 3.

2 Back

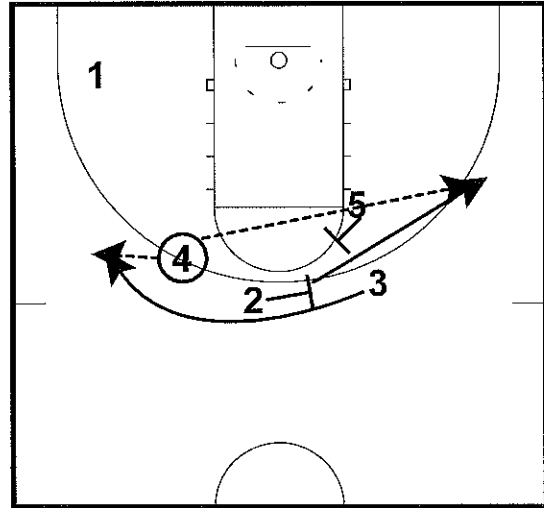
SLOB to Score

2 Back
Boston Celtics



2 passes to 4 stepping off the elbow and follows his pass for a decoy hand-off.

2 Back
Boston Celtics



4 can either hand it off the 3 coming off 2's screen or throw it over the top to 2 coming off 5's flare.