

Pema Tournadre

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Date of birth: January 7th, 1998 (22 years)



EDUCATION

Masters in Communication and Culture

Universidad de Buenos Aires (UBA), Buenos Aires, AR

2020 - Currently

-courses in Spanish (online courses due to Covid-19)
-examples of courses: Theory of Communication and Culture; Political Culture; Sociology of Culture; Philosophy of Culture...

Internship in Sustainable Development

Amigos de la Patagonia, Buenos Aires, AR

Jan 2020 - June 2020

-volunteering in education and communication branch
-creation of awareness campaigns in Argentina about sustainable development
-participation in waste collection days every month

Bachelors in Political Sciences

Concordia University, Montreal, CA

2019

-courses in English
-required courses in five main categories: International Policy; Comparative Policy; Canadian and Quebec Policy; Public Policy and Administration; Political Theory

Certificate in Immigration and Inter-ethnic relations

Université du Québec à Montreal (UQAM), Montreal, CA

2017

-courses in French
-examples of courses: immigration rights; social and health services in intercultural relations; media, immigration and inter-ethnic communities...

High School Diploma

Lycée Georges Duby, Aix-en Provence, FR

2016

-French Baccalauréat in Economics and Social Sciences as well as the International Option of Baccalauréat in English

PROFESSIONAL EXPERIENCE

Waitress, **Omnivore**, Montreal, CA

July 2019 - Dec 2019 (part time)

-customer service (counter and cashier)
-room service
-preparation of many salads
-cleaning the working area before and after every shift

Waitress, **Tapas Café**, Aix-en-Provence, FR

July 2018 - August 2018 (full time)

-customer service (reception, presentation of menus, suggestions...)
-room service & cocktail preparations when in need
-cleaning the working area after every shift

Waitress, **OM Tibetan Restaurant**, Montreal, CA

Jan 2017 - June 2019 (part time)

-customer service (reception, presentation of menus, suggestions...)
-preparation of the room and room service
-cleaning the working area after every shift

Waitress, **Ajisen Ramen**, New York, USA

Nov 2016 - Dec 2016 (full time)

-customer service (reception, presentation of menus, suggestions...)
-room service and use of technology to enter orders
-cleaning the working area after every shift

Au Pair, Madrid, Spain

Sept 2016 - Oct 2016 (full time)

-cultural exchange in a host family (3 children between 10 and 14 years old)
-taking care of them before and after school (except for weekends)
-assistance during homework and practice of English everyday

LANGUAGES

- **French:** native
- **English:** native
- **Tibetan:** native
- **Spanish:** intermediate superior

INTERESTS AND SKILLS

- Languages
- Ability to fast adaptation (I have lived on every continent and have encountered many different cultures)
- Communication skills
- Basic use of current technologies
- Singing and guitar